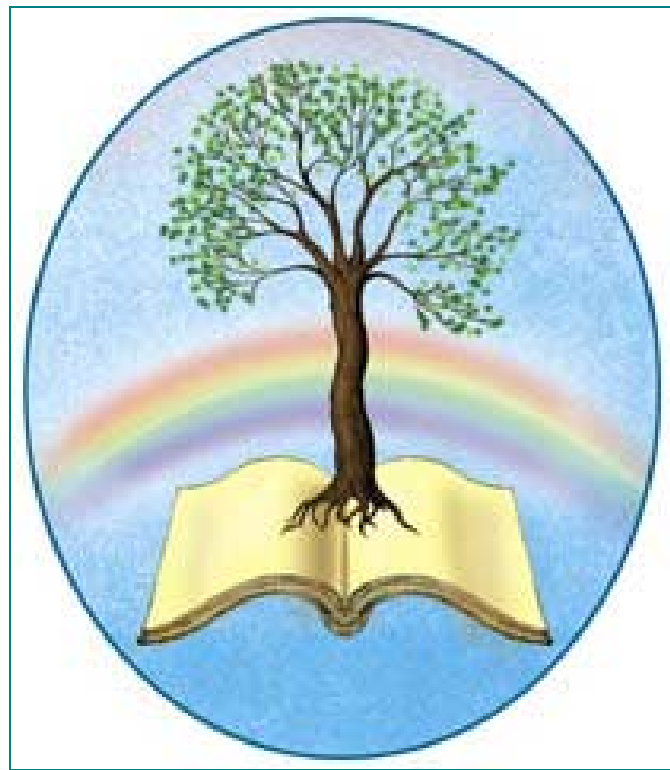


*Spiritual Quotes
for
Universal Principles*



by Irene Malek

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Spiritual Quotes for Universal Principles

Introductory Comments

Each principle in this document has a summary paragraph illustrating how the values relate to the principle, plus two or more pages of supporting quotes from various spiritual traditions from around the world. *Spiritual Quotes for Universal Principles* gives a rare glimpse into the roots of humanity's beliefs and the opportunity to see for yourself, keys to your own spiritual awakening.

What's the difference between a principle and a value?

Universal principles do not change with the passing of time because they are timeless. Values often change as the culture changes. For example, a value that is advocated by a violent gang may not be one that many parents would want for their children. This is the reason why we advocate teaching timeless principles wherever possible, especially when conveyed to our children.

Our values are derived from common elements based on the teachings of all spiritual traditions. We have found that the world's religions hold the pieces to the puzzle that can lead us into a higher way of life. We believe that life lived through these principles and values is not only the path to wholeness but contains the hope for the future

Principle of Attraction

Principle: Attraction

Values: Discernment, Self-Awareness, Courage

Summary: *Whatever we put our attention on is attracted to us and is increased in our world. If we do nothing to curb our destructive desires then life becomes increasingly difficult for us to maintain control. If we develop **discernment**, then we can distinguish between what is beneficial or destructive in our lives. Then it is necessary to practice **self-awareness** of what we are attracting into our lives by our desires. Finally, we need **courage** to take the next step toward wholeness.*

Those that are good, seek for friends; that will help you to practice virtue with body and soul. Those that are wicked, keep at a distance; it will prevent evil from approaching you.

Taoism

Tract of the Quiet Way

Do not disregard evil, saying, “It will not come nigh unto me”: by the falling of drops even a water jar is filled; likewise the fool, gathering little by little, fills himself with evil.

Do not disregard merit saying “It will not come nigh unto me”: by the falling of drops of water even a water jar is filled; likewise the wise man, gathering little by little, fills himself with good.

Buddhism

Dahmmapada 121-22

Those who act kindly in this world will have kindness.

Islam

Qur’an 39.10

Principle of Cause and Effect

Principle Cause and Effect

Values Restraint, Accountability, Good Intentions

Summary *According to the law of the universe, for every action there is an equal reaction. When we realize that we are **accountable** for every thought, word and deed, we recognize the wisdom of **restraint** and being aware of the **intentions** of our actions.*

Be not deceived; God is not mocked: for whatsoever a man soweth, that shall he also reap. For he that soweth to his flesh shall of the flesh reap corruption; but he that soweth to the Spirit shall of the Spirit reap life everlasting. And let us not be weary in well doing: for in due season we shall reap if we faith not.

Christianity

Galatians 6.7-8

Verily, an evil deed committed does not immediately bear fruit, just as milk does not curdle at once; but like a smoldering fire covered with ashes, it remains with the fool until the moment it ignites and burns him.

Buddhism

Dhammapada 69, 71

I the Lord search the mind and try the heart, to give to every man according to his ways, according to the fruit of his doings.

Judaism and Christianity

Jerimiah 17.10

Principle of Devotion

Principle: Devotion

Values: Concentration, Calmness, Focus

Summary: *We can contact Creative Intelligence by taking the time to go within our hearts. We find our true self here, not the ego. This can be done by anyone, through maintaining a feeling of **calmness** and **concentrating** on higher thoughts, whether through prayer, song, meditation or a walk in the woods. When we **focus** our lives on higher thoughts and actions, we connect with the Divine.*

He is the Living One; there is no god but He:
Call upon Him, giving Him sincere devotion.
Praise be to God, Lord of the Worlds!

Islam

Qur'an 40.65

“And you shall love the Lord”—namely, you shall make the Lord beloved.

Judaism

Talmud, Yoma 86

Let the words of my mouth and the meditation of my heart be acceptable in thy sight, O Lord, my rock and my redeemer.

Judaism and Christianity

Psalm 19.14

Principle of Faith

Principle: Faith

Values: Trust, Hope, Patience

Summary: *There is a Loving Intelligence that pervades all things; All that is necessary is for us to maintain our **trust** and **hope** even though we live in the midst of uncertainty. Faith is our willingness to take the next step without fear or looking back and yet have the **patience** to allow Divine Order to work through our situation without trying to force the results.*

For truly. I say to you, if you have faith as a grain of mustard seed, you will move this mountain, "Move from here to there, " and it will move; and nothing will be impossible to you.

Christianity

Matthew 17.20

A man of faith, absorbed in faith, his senses controlled attains knowledge, and knowledge attained, quickly finds supreme peace. But the ignorant man, who is without faith, goes doubting to destruction. For the doubting self there is neither this world, nor the next, nor joy.

Hinduism

Bhagavad-Gita 4.39-40

Consider the lilies of the field, how they grow; they toil not, neither do they spin: And yet I say unto you, that even Solomon in all his glory was not arrayed like one of these. Wherefore, if God so clothe the grass of the field, which to day is, and tomorrow is cast into the oven, shall he not much more clothe you, O ye of little faith? Therefore take no thought, saying, What shall we eat? Or, What shall we drink? Or wherewithal shall we be clothed? . . . For your heavenly Father knoweth that ye have need of all these things. But seek ye first the kingdom of God and his righteousness; and all things will be added unto you.

Christianity

Matthew 6.28-33

Principle of Forgiveness

Principle: Forgiveness

Values: Compassion, Mercy, Understanding

*Summary: Forgiveness is a conscious act that frees us from the damaging image of ourselves as a victim and dissolves the poison of resentment. These act as blocks to the Universal Reality. Because we choose a new **understanding** of our situation, we are now free to extend **mercy** and **compassion** to ourselves and to those who have wronged us. This reconnects us back to our real self.*

In reconciling a great injury, some injury is sure to remain. How can this be good? Therefore the sage holds the left-hand tally (obligation) of a contract; He does not blame others. The person of virtue attends to the obligation; The person without virtue attends to the extractions.

Taoism

Tao Te Ching 79

If you efface and overlook and forgive, then lo! God is forgiving, merciful.

Islam

Qur'an 64.14

The superior man tends to forgive wrongs and deals leniently with crimes.

Confucianism

I Ching

You shall not take vengeance or bear any grudge against the sons of your own people, but you shall love your neighbor as yourself: I am the Lord.

Judaism and Christianity

Principle of Gratitude

Principle: Gratitude

Values: Generosity, Magnanimity, Appreciation

Summary: *The true state of Universal Reality is abundance. If we want to attract more prosperity into our lives then we need to start the process of thinking **magnanimously** and being **generous** to all of life. When we **appreciate** what life has to offer, it indicates to the Universe that we accept whatever has been given to us. This opens up the flow of supply into our world.*

Abraham caused God's name to be mentioned by all the travelers whom he entertained. For after they had eaten and drunk, and when they arose to bless Abraham, he said to them, "Is it of mine that you have eaten? Surely it is of what belongs to God that you have eaten, So praise and bless Him by whose word the world was created."

Judaism

Talmud, Sota 10b

Give, and it will be given unto you. . . . For with the same measure that ye mete withal it shall be measured to you again.

Christianity

Luke 6.38

The sage does not accumulate for himself. The more he uses for others, the more he has himself. The more he gives to others, the more he possesses of his own. The Way of Heaven is to benefit others and not to injure. The Way of the sage is to act but not to compete.

Taoism

Tao Te Ching 81

Principle of Harmony

Principle: Harmony

Values: Optimism, Co-operation, Enthusiasm

*Summary: One of the universal laws is that we can choose what feelings we want to experience. When we choose negative feelings, our lives become infinitely more stressful and complex because we lose the inner connection with the Infinite. When we choose to be **optimistic, cooperative and enthusiastic** rather than being a victim of our negative emotions, we remain in control of ourselves and maintain inner happiness.*

We say that “Good” and “Harmony”, and “Evil” and “Disharmony,” are synonymous. Further we maintain that all pain and suffering are results of want of Harmony, and that the one terrible and only cause of the disturbance of Harmony is selfishness in some form or another.

Theosophy Helen Blavatsky,
The Key to Theosophy

Always to know the standard is called profound and secret virtue.
Virtue becomes deep and far reaching,
And with it all things return to their original natural state.
Then complete harmony will be reached.

Taoism
Tao Te Ching 65

Let us live happily, without hate amongst those who hate. Let us dwell unhating amidst hateful men. Let us live happily, in good health amongst those who are sick. Let us dwell in good health amidst ailing men. Let us live happily, without yearning for sensual pleasures amongst those who yearn for them. Let us dwell without yearning amidst those who yearn. Let us live happily, we who have no impediments. We shall subsist on joy even as the radiant gods.

Buddhism Dhammapada 197-200

Principle of Harmony cont.

You have heard that it was said to the men of old, “You shall not kill; and whoever kills shall be liable to judgment.” But I say to you that everyone who is angry with his brother shall be liable to judgment; whoever insults his brother shall be liable to the council, and whoever says “You fool!” shall be liable to the hell of fire. . . Agree with thine adversary quickly, whiles thou art in the way with him; lest at any time the adversary deliver thee to the judge, and the judge deliver thee to the officer, and thou be cast into prison.

Christianity

Matthew 5.21-25

The anger of man does not work the righteousness of God.

Christianity

James 1.20

Principle of Humility

Principle: Humility

Values: Modesty, Unpretentious, Gentleness

Summary: *Through an attitude of **modesty** and **unpretentiousness**, we realize that we don't have to raise ourselves up with self-importance. God in his own way and time will reward us with whatever we need, as long as we rid ourselves of pride and maintain an attitude of **gentleness** toward all life.*

People who think anyone is lower than themselves still have pride.

Sufism Bayazid Al-Bistami
“Wisdom of the Sufi Sages”

Confucius said, “A gentleman does not grieve that people do not recognize his merits; he grieves at his own incapacities.”

Confucianism
Analects

Blessed are the meek, for they shall inherit the earth.

Christianity
Matthew 5.5

To know when one does not know is best. To think one knows when one does not know is a dire disease.

Taoism
Tao Te Ching 71

Principle of Integrity

Principle: Integrity

Values: Truthfulness, Courage, Sincerity, Honesty

Summary: *Our connection to our inner reality is strengthened when we align our thoughts, words and actions with **truth** and have the **courage** act with **sincerity** and **honesty**. This is the act of letting go of our own will and honoring the Divine Will instead.*

Truth means the fulfillment of our self; and moral law means following the law of our being. Truth is the beginning and end, the substance of material existence. Without truth there is no material existence. It is for this reason that the moral man values truth. . . Therefore, with truth, everything is done right.

Confucianism

Doctrine of the Mean 25

Remembering me, you shall overcome all difficulties through my grace. But if you will not heed me in your self-will, nothing will avail you.

Hinduism

Bhagavad-Gita 18.58

He who conforms to the Way is gladly accepted by the Way; he who conforms to virtue is gladly accepted by virtue; he who conforms to less is gladly accepted by loss.

Taoism

Tao Te Ching 23

It matters not whether you do much or little, so long as your heart is directed to Heaven.

Judaism

Talmud, Berakot 17a

Principle of Love

Principle: Love

Values: Self-Esteem/ Self-Respect, Caring/Thoughtfulness,
Kindness/Compassion, Nurturing

Summary: *All living things require love to survive, including ourselves. We must first attend to our own needs for love before we can love others. When we neglect ourselves emotionally, we become emotionally toxic and are not whole enough to give love to others. When we change the inner dialogue from the inner critic to that of the inner companion, we bolster our **self-esteem** and **self-respect**. Then we are free to **nurture** all individuals by being the **caring, compassionate, thoughtful and kind** beings we truly are.*

Those who act kindly in this world will have kindness.

Islam Qur'an 39.10

You have heard that it was said, "You shall love your neighbor and hate your enemy." But I say to you Love your enemies and pray for those who persecute you, so that you may be sons of your Father who is in heaven; for he makes his sun to rise on the evil and on the good, and sends rain on the just and on the unjust. For if you love those who love you, what reward have you? Do not even the tax collectors do the same? And if you salute only your brethren, what more are you doing than others? Do not even the Gentiles do the same? You, therefore, must be perfect, as your heavenly Father is perfect.

Christianity

Matthew 5.43-48

I should be a hostel for all sentient beings, to let them escape from all painful things. I should be a protector for all sentient beings, to let them all

Principle of Love cont.

Treat the aged of your own family in a manner befitting their venerable age and extend this treatment to the aged of other families; treat your own young in a manner befitting their tender age and extend this to the young of other families, and you can roll the empire on your palm . . . In other words, all you have to do is take this very heart here and apply it to what is over there. Hence one who extends his bounty can bring peace to the Four Seas; one who does not cannot bring peace even to his own family.

Confucianism

Mencius I.A.7

I have three treasures. Guard and keep them:

The first is deep love,

The second is frugality,

The third is not to dare to take the lead in the world.

Because of deep love, one is courageous.

Because of frugality, one is generous.

Because of not daring to take the lead in the world, one becomes the leader of the world.

Now, to be courageous by forsaking deep love, to be generous by forsaking frugality, and to take the lead in the world by forsaking following behind—this is fatal.

For deep love helps one to win in case of attack, and to be firm in the case of defense.

When Heaven is to save a person, Heaven will protect him through deep love.

Taoism

Tao Te Ching 67

We who are strong ought to bear with the failings of the weak, and not to please ourselves; let each of us please his neighbor for his good, to edify him. For Christ did not please himself; but, it is written, “The reproaches of those who reproached thee fell on me.”

Christianity

Romans 15.1-3

Principle of Moderation

Principle: Moderation

Values: Balance, Moderation, Inner Peace

Summary: *When we choose **moderation** in all aspects, we bring **balance** into our lives. Instead of experiencing 'burn-out' and stress, which actually hinders our productivity and blocks the creative flow of energy, we maintain our connection with our **inner peace** and true reality.*

Pleasure not carried to the point of debauch; grief not carried to the point of self-injury.

Confucianism

Analects 3.20

Be not righteous overmuch, and do not make yourself overwise; why should you destroy yourself? Be not wicked overmuch, neither be a fool; why should you die before your time?

Judaism and Christianity

Ecclesiastes 7.16-17

Your name or your person, which is dearer?
Your person or your goods, which is worth more?
Gain or loss, which is the greater bane?
That is why excessive meanness is sure to lead to great expense;
Too much stories sure to end in immense loss.
Know contentment, and you will suffer no disgrace;
Know when to stop, and you will meet with no danger.
You can then endure.

Taoism

Tao Te Ching 44

Principle of Perseverance

Principle: Perseverance

Values: Striving, Effort, Confidence, Endurance

Summary: Wholeness is not realized in a moment. Throughout a lifetime, there must be constant **effort** and **striving** toward self-perfection. In order to accomplish this, we need the **confidence** to **endure** all situations in order to reach our goal.

O man! Verily you are ever toiling on toward your Lord—painfully toiling—but you shall meet Him . . . You shall surely travel from stage to stage.

Islam

Qur'an 84.6, 19

Through constant effort over many lifetimes, a person becomes purified of all selfish desires and attains the supreme goal of life.

Hinduism

Bhagavad-Gita 6.45

By sustained effort, earnestness, discipline, and self-control, let the wise man make for himself an island which no flood can overwhelm.

Buddhism

Dhammapada 25

Great is labor; it confers honor on the laborer.

Judaism

Talmud, Nedarim 49b

We must begin . . . with the more simple demonstrations of control, and the sooner we begin the better. The final demonstration takes time for its accomplishment. When walking, we are guided by the eye. We look before our feet, and if we are wise, we look beyond a single step in the line of spiritual advancement.

Christian Science, *Science and Health*, 428-29

Principle of Perseverance cont.

He who shirks action does not attain freedom; no one can gain perfection by abstaining from work. Indeed, there is no one who rests even for an instant; every creature is driven to action by his own nature. Those who abstain from action while allowing the mind to dwell on sensual pleasure cannot be called sincere spiritual aspirants. But they excel who control their senses through the mind, using them for selfless services.

Fulfill all your duties; action is better than inaction. Even to maintain your body, Arjuna, you are obliged to act. But it is selfish action that imprisons the world. Act selflessly, without any thought of personal profit.

Hinduism

Bhagavad-Gita 3.4-9

By degrees, little by little, from time to time, a wise person should remove his own impurities as a smith removes the dross from silver.

Buddhism

Dhammapada 239

Principle of Purity

Principle: Purity

Values: Perfection, Simplicity, Innocence

Summary: *When we choose to see the beauty of the **simple** things in life and the **perfection** all around us, instead of complexity and distortion, we retain our **innocence**. Purity then restores us to the joy of life. It is that which uplifts us and reconnects us to our true inner being.*

Blessed are the pure in heart, for they shall see God.

Christianity

Matthew 5.8

Through constant effort over many lifetimes, a person becomes purified of all selfish desires and attains the supreme goal of life.

Hinduism

Bhagavad-Gita 6.45

By degrees, little by little, from time to time, a wise person should remove his own impurities as a smith removes the dross from silver.

Buddhism

Dhammapada 239

The faith of every man, O Arjuna, accords with his nature. Man is made up of faith; as is his faith, so is he. The threefold austerity of body, speech and mind practiced with faith by men of balanced mind, without any expectation of reward, is said to be pure.

Hinduism

Bhagavad-Gita 17.3, 17

Principle of Purity cont.

Behold, thou desirest truth in the inward being;
Therefore teach me wisdom in my secret heart.
Purge me with hyssop, and I shall be clean;
Wash me, and I shall be whiter than snow.
Fill me with joy and gladness;
Let the bones which thou hast broken rejoice.
Hide thy face from my sins,
And blot out all my iniquities.
Create in me a clean heart, O God,
And put a new and right spirit within me.

Judaism and Christianity
Psalm 51.6-10

Principle of Respect

Principle: Respect for Life

Values: Tolerance, Courtesy, Cooperation

Summary: *We are all a part of this Creative Intelligence and have a spark of the divine within us. Therefore, even though there is diversity among us, through religion, sex, culture, age and status, we are all part of the Divine Family. Everyone we meet deserves our respect because we honor the divine within them. We show this through **courtesy, tolerance and cooperation** with all whom we meet.*

Confucius said . . . “In the world there are many different roads but the destination is the same. There are a hundred deliberations but the result is one.”

Confucianism
I Ching

We believe in God, and what has been revealed to Abraham, Ishmael, Isaac, Jacob, and the Tribes, and in what was given to Moses, Jesus, and the Prophets from their Lord. We make no distinction between any of them, and to God do we submit.

Islam
Qur’an 3.84

And I (Jesus) have other sheep, that are not of this fold; I must bring them also, and they will heed my voice. So there shall be one flock, one shepherd.

Christianity
John 10.16

As men approach me, so I receive them. All paths, Arjuna, lead to me.

Hinduism
Bhagavad-Gita 4.11

Principle of Respect cont.

And nearest to them in love to the believers, you will find those who say, “We are Christians,” because among them are men devoted to learning and men who have renounced the world, and they are not arrogant. And when they listen to the revelation received by the Apostle, you will see their eyes overflowing with tears, for they recognize the truth. They pray, “Our Lord! We believe; write us down among the witnesses.”

Islam

Qur'an 5.82-83

From the rising of the sun to its setting my name is great among the nations, and in every place incense is offered to my name, and a pure offering; for my name is great among the nations, says the Lord of hosts.

Judaism and Christianity

Malachi 1.11

And Peter opened his mouth and said, “Truly I perceive that God shows no partiality, but in every nation any one who fears him and does what is right is acceptable to him.”

Christianity

Acts 10.34-35

Principle of Self-Discipline

Principle: Self-Discipline

Values: Determination, Obedience, Restraint

Summary: *When we have the **determination to restrain** our lower desires, the door is opened for us to fulfill our highest aspirations. Through **obedience** to our higher self, we develop an inner control and greater confidence in ourselves. Through this process, we strengthen our connection to the Creative Intelligence and experience greater empowerment.*

He who is slow to anger is better than the mighty, and he who rules his spirit than he who takes a city.

Judaism and Christianity

Proverbs 16.32

Good fortune and misfortune take effect through perseverance. The Tao of heaven and earth becomes visible through perseverance. The Tao of sun and moon becomes bright through perseverance. All movements under heaven become uniform through perseverance.

Confucianism

I Ching, Great commentary 2.1.5

Good is restraint in deed; good is restraint in speech; good is restraint in everything. The bhikkhu, restrained at all points, is freed from sorrow.

Buddhism

Dhammapada 361

The prophet declared, "We have returned from the lesser holy war to the greater holy war." They asked, "O Prophet of God, which is the greater war?" He replied, "Struggle against the lower self."

Islam

Hadith

Principle of Self-Discipline cont.

Though one should conquer a million men on the battlefield, yet he, indeed is the noblest victor who has conquered himself.

Buddhism

Dhammapada 103

I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree that the law is good. So then it is no longer I that do it, but sin which dwells within me. For I know that nothing good dwells within me, that is in my flesh. I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do. Now if I do what I do not want, it is no longer I that do it, but sin which dwells within me.

So I find it to be a law that when I want to do right, evil lies close at hand. For I delight in the law of God, in my inmost self, but I see in my members another law at war with the law of my mind and making me captive to the law of sin which dwells in my members. Wretched man that I am! Who will deliver me from this body of death?

Christianity

Romans 7.15-24

Principle of Service

Principle: Service

Values: Purpose, Responsibility, Creativity

Summary: *We came into this life with a special plan or **purpose** to help elevate humanity and life on earth through our service. It is our **responsibility** to be successful in carrying out our plan and to infuse our service with **creativity**, or our own special God-given talent.*

Bear ye one another's burdens, and so fulfill the law of Christ. As we have therefore opportunity, let us do good unto all men, especially unto them who are of the household of faith. And let us not weary in well doing: for in due season we shall reap if we faint not.

Christianity

Galatians 6, 1-10

When the Holy One loves a man, He sends him a present in the shape of a poor man, so that he should perform some good deed to him, through the merit of which he may draw to himself a cord of grace.

Judaism Zohar,

Genesis 104a

Relieve people in distress as speedily as you must release a fish from a dry rill (lest he die). Deliver people from danger as quickly as you must free a sparrow from a tight noose. Be compassionate to orphans and relieve widows. Respect the old and help the poor.

Taoism

Tract of the Quiet Way 992

Principle of Service cont.

Rendering help to another is the function of human beings.

Jainism

Tattvarthasutra 5.21

If there is among you a poor man, . . . you shall not harden your heart or shut your hand against your poor brother, but you shall open your hand to him, and lend him sufficient for his need. You shall give to him freely, and your heart shall not be grudging when you give to him; because for this the Lord your God will bless you in all your work and all that you undertake. For the poor will never cease out of the land; therefore I command you, You shall open wide your hand to your brother, to the needy and to the poor, in the land.

Judaism and Christianity

Deuteronomy 15.7-11

They feed with food the needy wretch, the orphan, and the prisoner, for love of Him, saying, “We wish for no reward nor thanks from you.”

Islam

Qur’an 76.8-9

One thing must not be forgotten. Forget all else but remember this, and you’ll have no regrets. Remember and be concerned with everything else, but ignore this one thing and you’ll have done nothing. It is as if a king has sent you on a mission to a foreign land to perform one specific task for him. If you do a hundred things but not this appointed task, what have you accomplished? Human beings come into this world for a particular purpose, and if they forget it they will have done nothing at all.

Sufism Jalludin Rumi from

‘The Wisdom of the Sufi Sages’

Principle of Surrender

Principle: Surrender

Values: Acceptance, Freedom, Contentment

Summary: *When we **accept** what is happening to us at the present moment as part of a grander plan needed for our growth, we experience a new **freedom**. We welcome whatever comes into our lives, surrendering all wants and desires. With this new awareness comes **contentment** and peace.*

If any man would come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it.

Christianity
Mark 8.34-36

Those who surrender to God all selfish attachments are like the leaf of a lotus floating clean and dry in water. Sin cannot touch them. Renouncing their selfish attachments, those who follow the path of service work with body, senses, and the mind for self-purification. Those whose consciousness is unified abandon all attachment to the results of action and attain supreme peace.

Hinduism
Bhagavad-Gita 5.10-12

Torah abides only with him who regards himself as nothing.

Judaism
Talmud, Sota 21b

Principle of Surrender cont.

He who has no thought of “I” and “mine” whatever toward his mind and body, he who grieves not for that which he has not, he is indeed, called a Bhikkhu.

Buddhism

Dhammapada 367

They are forever free who renounce all selfish desires and break away from the ego-cage of “I,” “me,” and “mine,” to be united with the Lord. Attain to this, and pass from death to immortality.

Hinduism

Bhagavad-Gita 2.71

Ye have heard that it hath been said, an eye for an eye, and a tooth for a tooth: But I say unto you, that you resist not evil: But whosoever shall smite thee on thy right cheek, turn to him the other also. And if any man will sue thee at the law, and take away thy coat, let him have they cloak also. And whosoever shall compel thee to go a mile, go with him twain. Give to him that asketh thee, and from him that would borrow of thee turn not thou away.

Christianity

Matthew 5.38-42

Confucius said, “To subdue one’s self and return to propriety, is perfect virtue. If a man can for one day subdue himself and return to propriety, all heaven will ascribe perfect virtue to him.”

Confucianism

Analects 12.1.1

Principle of Synchronicity

Principle: Synchronicity

Values: Alertness, Receptivity, Courage

Summary: *When we are **alert** to highly significant events that cannot be explained, then we have an opportunity to go beyond the daily occurrences in our lives. We need to be **receptive** and have the **courage** to act on our inner promptings. In the process, we find that we are being transformed into the higher self.*

Those who have said, “Our Lord is God,” then have gone straight, upon them the angels descend, saying, “Fear not, neither sorrow; rejoice in paradise that you were promised. We are your friends in the present life and in the world to come; therein you shall have all that your souls desire . . .”

Islam

Qur’an 41.30-31

The awakened sages call a person wise when all his undertakings are free from anxiety about results; all his selfish desires have been consumed in the fire of knowledge. The wise, ever satisfied, have abandoned all external supports. Their security is unaffected by the results of their actions; even while acting, they really do nothing at all.

Hinduism

Bhagavad-Gita 4.19-21

If a man perform a religious precept, one angel is assigned to him; if he perform two precepts, two angels are assigned to him; if he perform all the precepts, many angels are assigned to him; as it is said, “For He shall give His angels charge over you, to keep you in all thy ways” (Psalm 91.11) Who are these angels? They are his guardians from the harmful spirits; as it is said, “A thousand shall fall at your side and ten thousand at your right hand” (Psalm 91.7)

Judaism

Tanhuma Numbers 19

Principle of Synchronicity cont.

Are they, the angels, not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation?

Christianity
Hebrews 1.14

Unless the Lord builds the house, those who build it labor in vain. Unless the Lord watches over the city, the watchman stays awake in vain. It is in vain that you rise up early and go late to rest, eating the bread of anxious toil; for He gives his beloved sleep.

Judaism and Christianity
Psalm 127.1-2